

Breaking social isolation Building community

# Mental Health Support and Advocacy Worker

Home & Healthy



#### Who we are

Micah Projects is a community based, not-forprofit organisation with a vision to create justice and respond to injustice at the personal, social, and structural levels in church, government, business, and society.

Micah Projects subscribes to the principle of non-discrimination that seeks to guarantee that human rights are exercised without discrimination of any kind based on race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth, or other status such as disability, age, marital and family status, sexual orientation and gender identity, health status, place of residence, economic and social situation.

We believe that every adult and child has the right to a home, an income, healthcare, education, safety, dignity, and connection with their community of choice.

#### Work Health and Safety

Everyone has a right to feel safe at work, and Micah Projects is committed to minimising the risk to any staff member, student, volunteer, contractor, consultant, and Board Member within the organisation. We work collectively to comply with the *Work Health and Safety Act 2011*.

#### What we do

Micah Projects works to break down barriers that exclude people from housing, healthcare, employment, and meaningful connections, and to give people a voice.

We support individuals and families including children to resolve crisis, break social isolation, have a home, access health and community services, and build a community.

We provide a range of support and advocacy services to individuals and families according to their needs. We ensure the immediate needs of participants are met in a supportive, informed, safe, and respectful manner.

#### **Equal Opportunity**

Micah Projects is an equal opportunity employer and promotes access to employment to individuals from a diverse range of social and cultural groups. We acknowledge the First Peoples of Australia as the traditional owners of this land and support their right to self-determination and cultural expression. We recognise that Brisbane is a diverse community and acknowledge the needs of individuals, families and communities relating to age, gender, disability, sexuality, and economic status.

#### Working together

It is important to Micah Projects that people feel welcome, have choices, and do not experience discrimination when working with Micah Projects.

It is our aim to work with participants, each other, and our partners to respectfully share knowledge, ideas, resources, and skills in order to improve the service for the people we support, and the people who work as part of Micah Projects.

#### Child Safe and Vulnerable Adult Safeguarding

Children and young people are entitled to live in a caring and nurturing environment and to be protected from harm and exploitation. Micah Projects is a child-safe and child-friendly organisation that prioritises the safety and wellbeing of children and young people. We actively provide guidance for management, staff, and others in identifying and responding to concerns about the abuse or neglect of a child or young person in contact with the organisation.

We extend these principles to create safe services for all participants we work with.

# Micah Projects commitment to vulnerable and marginalised populations

Micah Projects Vision and Mission articulate our commitment to actively engaged with people who are marginalised, vulnerable and in many situations present with challenging behaviour.

Working in Micah Projects you are expected to proactively support this vision and mission whilst balancing the needs of staff to work in a supportive and safe environment.

To do this we actively work together to ensure that staff have the skills and knowledge to understand that many people who access our services do not have the ability to always regulate their emotions. This often occurs when they are frustrated, do not understand what options they have, and are impacted on by substance use or alcohol. The consequences result in staff being exposed to in appropriate and challenging situations which we are committed to providing training and support to problem solve and ensure services can be maintained.

Micah Projects actively wants to adapt a shared responsibility approach for creating a resilient culture whilst providing services to our most vulnerable participants. This requires self-awareness and a proactive approach within our organisational systems. We support staff in understanding the approach and context in which we work. We encourage staff to communicate their needs within this environment and a willingness to engage in problem solving strategies whilst providing support to participants.

Micah Projects provides outreach service in the community, centre-based services and services via phone. Our goal is to always disarm people with courtesy, respect and clear communication recognising that we may not always get it right and will learn from our participants when necessary. We recognise that many participants of Micah Projects have long histories of trauma from childhood and as adults. Whilst this is not an excuse for behaviours that are threatening to others, it is also an opportunity for participants to learn alternative ways of meeting their needs. This is how we implement a trauma informed and sensitive approach to our work.

We are committed to providing a culture of wellbeing and safety for our staff. Employees can access support and guidance internally and externally, as outlined in our Wellbeing Guide.

# **Position Overview**

Mental Health Support & Advocacy Worker Home & Healthy   Reports to Line Manages   Team Leader N/A   Classification/Award Talkin   Level 4, SCHADS 2010 Team Leader   Based at   West End Backup when absent?   Home & Healthy Team	Position Title	Team
Team Leader N/A   Classification/Award Talkin   Level 4, SCHADS 2010 Team Leader   Based at Backup when absent?		Home & Healthy
Team Leader N/A   Classification/Award Talkin   Level 4, SCHADS 2010 Team Leader   Based at Backup when absent?		
Classification/Award     Talkin       Level 4, SCHADS 2010     Team Leader       Based at     Backup when absent?	Reports to	Line Manages
Level 4, SCHADS 2010     Team Leader       Based at     Backup when absent?	Team Leader	N/A
Level 4, SCHADS 2010     Team Leader       Based at     Backup when absent?		
Based at Backup when absent?	Classification/Award	Talkin
	Level 4, SCHADS 2010	Team Leader
West End Home & Healthy Team	Based at	Backup when absent?
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### Home & Healthy Program | Inclusive Health Partnerships Cluster

Home & Healthy is part of the Commonwealth Psychosocial Support program. It is funded by the federal Department of Health through the Brisbane South Primary Health Network to support participants who are experiencing severe mental illness with reduced psychosocial functioning and are homeless or at risk of homelessness. Participants are supported to identify and develop recovery and accommodation goals, to connect with other clinical and non-clinical services and to build their capacity for improving and maintaining their health and wellbeing.

Micah Projects is delivering the Psychosocial Support Program in partnership with YFS and IUIH across Brisbane South, Redlands, Logan, and Beaudesert.

# **Position Description**

## As the Mental Health Support & Advocacy Worker, you will...

provide person-centred, recovery focused support to people experiencing reduced psychosocial functioning who are homeless or at risk of homelessness.

### Stakeholder Engagement

This position as part of a team engages with the following organisations:

- Brisbane South PHN
- YFS
- IUIH
- PHN-commissioned services
- GPs, Specialists, Hospital & Health Services
- Department of Housing, Local Government & Public Works
- Community organisations
- Participants
- Family and carers

Collaboration within the Cluster and across Micah Projects Clusters and initiatives may include:

- Inclusive Health Partnerships teams
- Homelessness to Home
- Domestic and Family Violence
- Lotus Services

## **Key Responsibilities**

#### **Service Delivery**

- Promote a culture of respect, safety, and trauma informed approaches.
- Undertake outreach to meet and complete intake with people who have been referred to the program within 14 days of referral. Where suicide risk or recent attempt is identified, intake is to be completed within 7 days.
- Undertake a CANSAS Needs Assessment with participants at commencement of support and every 90 days following for the duration of the support period.
- Support participants to identify their needs and co-create an Action Plan to achieve goals, using the Critical Time Intervention Model to guide timeframes.
- Maintain regular contact with participants commensurate with their changing needs in their preferred manner i.e. face to face, telephone, Zoom/Teams.
- Work one-on-one with participants to resolve issues and build their capacity for improved knowledge, self-confidence, and independence.
- Assist participants to connect with clinical and non-clinical services that will support achieving their goals and improve their health and wellbeing.

- Assist participants and collaborate with housing providers to resolve tenancy issues and/or address homelessness.
- Collaborate with other stakeholders to ensure coordinated, planned support that meets the participants' needs across service systems.
- Work with participants and their clinical supports to compile evidence and lodge a NDIS application.
- Support the participant to improve social connections.
- Develop an exit/transition framework with the participant.
- Maintain entry of mandatory Primary Mental Health Care Minimum Data Set information and CANSAS as per Department of Health and Primary Health Network requirements.
- Manage a case load of up to 26 participants, prioritising workload and taking into account crises and the episodic nature of mental illness.
- Commitment and contribution to a safe workplace as per the Work Health and Safety Act 2011, including compliance.
- Assist Team Leaders to undertake administrative, practice and quality requirements in Micah Projects systems.
- Perform other relevant duties as assigned.

#### Data Management

- Complete administration and data collection for reporting and updating the participant management systems.
- Maintain a high quality of work with individuals and families as evidenced by well documented case notes and support plans using the organisational database.
- Accountable and responsible for making sure that organizational data and records are accurate, complete, and consistent, and used in accordance with policies and procedures and agreed upon evaluation processes.

#### **Collaborative practice**

- Work as a collaborative member of the multidisciplinary team, demonstrating a high level of teamwork, support, engagement, and communication reflecting the values of the organisation.
- Work as an inclusive member of the team, providing appropriate mentoring and guidance as required.

#### **Professional practice**

- Participate in all supervision and professional development as requested and to provide input into individual professional development plans.
- Provide high level professionalism, sensitivity, and responsiveness to the needs of internal and external people/partners.

# **Criteria and Conditions**

Criminal History Screening	<ul> <li>National Police Certificate</li> <li>Blue Card</li> <li>Yellow Card</li> <li>APHRA Registration</li> </ul>
Driver's License	🛛 Essential 🗌 Desirable
Travel	🛛 Essential 🗌 Desirable
Assets Provided	<ul> <li>Work Computer</li> <li>Work Phone</li> <li>Pool Vehicle</li> <li>Packaged Vehicle</li> </ul>

## **Essential**

- Relevant Human Services certificate, diploma or tertiary qualification and extensive experience, or a combination of experience, expertise, and competence in providing support and case coordination to people with complex needs.
- Demonstrated engagement and interpersonal skills particularly with those in crisis situations and who are homeless or at risk of homelessness.
- Demonstrated knowledge of disadvantage, poverty, health inequities, mental illness, homelessness, and complexity in our community.
- Demonstrated ability to advocate with both community and government services, document information accurately and in a timely manner.
- Demonstrated ability to coordinate with multiple stakeholders.
- Evidence of effectiveness of communication style, written and verbal skills, and IT competencies (including Microsoft Office and other IT systems).
- Demonstrated commitment to cultural diversity and a working knowledge of equity and WHS principles.
- A positive attitude, and the ability to work flexibly, adaptively, and proactively in a team environment with direction and autonomously within program guidelines with a commitment to the values and principles of Micah Projects to meet community needs.

## Desirable

- Experience working with people experiencing mental illness and associated functional impairments.
- Current First Aid Certificate.

## **General Conditions**

- All employees are to practice the values of Micah Projects as outlined in the Code of Conduct.
- Appointment to this position will be subject to a criminal history check as outlined in the organisational Criminal History Screening Policy. All employees are required to cover the cost of this.
- All employees are to have valid working rights in Australia.
- All employees must utilise Micah Projects systems to facilitate the quality of the organisation's work and services. This includes, but is not limited to, Microsoft Office suite, Quality, Human Resource, Finance, Data, and Case Management Systems.
- Employment in this position is subject to continued funding.
- Employment may involve work or training outside of normal business hours.
- All employees will comply with Workplace Health and Safety legislation as outlined in organisational policy and procedures.
- All employees are required to engage in support and coaching through the organisational performance development system.

# Acknowledgement

I have read this Position Description and understand the requirements and responsibilities of this position as part of my employment with Micah Projects

Employees Name \_\_\_\_\_

Signed \_\_\_\_\_

Date \_\_\_\_\_